

Focus Valentine's Day



Gifts to say Arm yourself with **Sarah Graham's** gift guide to make the most of your Valentine next Thursday

I LOVE YOU



Canadian Ice floating diamond pendant, £499
Aurum
aurumholdings.co.uk



Rose gold Love bracelet, £505
THEA
thea-jewelry.com

Palmes d'Or Rose Champagne 2005, £120
Nicolas Feuillatte
johnlewis.com



Valentine's coffrets, £42 for 25
La Maison du Chocolat
lamaisonduchocolat.co.uk



HERS

Romantic rose set for her, £20
Verdon men's set, £20
L'Occitane en Provence
uk.loccitane.com



Sealed with a kiss selection, £45
Hotel Chocolat
hotelchocolat.co.uk



HIS

Octagonal cufflinks, £110
Ede and Ravenscroft
edeandravenscroft.com

Red velvet heart box, £25 for 255g
Charbonnel et Walker
charbonnel.co.uk



Chocolate liquor lips, £3.50
Hedgehog
hedgehogshop.co.uk



Personally tailored shirt, from £135
Ede and Ravenscroft
edeandravenscroft.com



Why Wharf still says it with roses

★ When it comes to sweeping a loved one off their feet on the most amorous day of the year, it appears Wharf's are sticking with the traditional approach.

According to florist Jan Bozdag of Bozdag and Gordon Flowers in Canary Wharf, a dozen red roses is still the bouquet of choice for the estate's lotharios on Valentine's Day.

Jan said: "A dozen roses is definitely the most romantic choice. Roses symbolise passion and love."

"It's nice to see love still floating around. We've had people order 50 red roses in a vase and last year someone ordered 100 roses to be delivered."

"Lots of people still buy a single rose – it just depends how much they want to spend. We have people asking for just a bag of petals to sprinkle on the bed."

If you're considering roses then take note; both red and pink symbolise passion and love, white is purity and yellow means friendship.

Other popular flowers for Valentine's Day are gerberas or lilies and Bozdag and Gordon can make up a mixed arrangement.

"A lot of people still consider lilies to be associated with funerals but that's more the older generation," Jan said. "They're really trendy now – some people want different colours: orange, yellow and pink. It's mainly the oriental pink and white they go for."

If you are looking to say it with flowers, then Jan suggests getting your order in at least a week in advance as the team are expecting to be rushed off their feet.

Go to bozdagandgordon.co.uk to place an order.

Louisa Emery



Jan Bozdag of Bozdag and Gordon



Red roses are the most popular choice for Wharf workers

WINE WITH PAULO BRAMMER

FEBRUARY: BOTTLES FOR ROMANCE

1

- English Rose, Chapel Down, Kent 2011
- £10.99 at Waitrose in Canada Square
- This is a delicious and easy-drinking rose wine made at one of the most consistent English wineries. It has a lovely bright pink colour. Its fragrant wild strawberry notes are the highlight of this wine. Ideal for Valentine's Day, as it's very pretty.



Paulo's verdict
Beautiful bottle
★★★★☆

2

- Ma, Mas Amiel, Maury 2008
- £20.05 at Nicolas, One Canada Square
- This seductive sweet wine is made from Grenache grapes in the south east of France. It has a deep, dark colour and a rich and luscious texture with notes of ripe plums that will pair perfectly with an indulgent chocolate dessert.



Paulo's verdict
Great for a sweet
★★★★☆

3

- Bollinger, Le Grande Annee Rose 2002
- £85 from Majestic
- This is the wine to bring out if you really want to impress. Made only with grand cru grapes and from an outstanding vintage, this top Champagne shows extraordinary concentration, lovely balance between fruit and fizziness with hints of cherry and hazelnut.



Paulo's verdict
Classic romance
★★★★★